

<b>ELEMENT</b>	<b>WOOD</b>	<b>FIRE</b>	<b>EARTH</b>	<b>METAL</b>	<b>WATER</b>
Yin Organ	Liver	Heart	Spleen	Lungs	Kidneys
Yang Organ	Gallbladder	Small Intestine	Stomach	Large Intestine	Bladder
Nourishes	Ligaments & Tendons	Blood Vessels	Muscle	Skin	Bones
Sense Command	Sight	Speech	Taste	Smell	Hearing
Expands into the	Nails	Face Color	Lips	Body Hair	Hair on Head
Temperament that damages the Qi Organ	Depressed, Angry	Emotional up & downs	Obsession, Empathy	Grief, Sadness	Fear not forgiving
Flavors	Sour	Bitter	Sweet	Spicy	Salty
Sounds	Shout	Laugh	Sing	Weep	Groan
Dangerous type of Weather	Wind	Heat	Humidity	Dryness	Cold
Seasons	Spring	Summer	Mid-Summer	Autumn	Winter
Virtues	Kindness, Mercy, Compassion	Joy, Humor, Sincerity, Trust	Fairness, Compromise, Faith	Courage, Generosity, Justice	Gentleness, Peace, Wisdom & Tenderness
Spirit	Hun Ethereal Soul	Shen Spirit / Mind	Yi Intellect	Po Corporeal Soul	Zhi (Chun) Houses the will or power